



NOTE

- | | |
|--|--------------------------------------|
| ① Elliptical trainer | ⑨ Parallel bars (1.1m high) |
| ② Step up station (300mm & 450mm high) | ⑩ Pull up bars (2.3m high) |
| ③ Central columns | ⑪ Pull up bars (2.5m high) |
| ④ Chess press | ⑫ Leg raises |
| ⑤ Pull downs | ⑬ Sit up bench 20 degree |
| ⑥ Leg press | ⑭ Pulls ups (1.8m, 1.9m and 2m high) |
| ⑦ Body pulls & push ups | ⑮ – ⑲ Fitness equipment signs |
| ⑧ Gorilla bars | |

Maroubra Beach Outdoor Gym

Final Proposal